



# OCEANMED REQUISITION FORM

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Appointment Date: \_\_\_\_\_ Time: \_\_\_\_\_

| PATIENT INFORMATION:                   | REFERRING PHYSICIAN: |
|--|----------------------|
| Name: _____                            | Name: _____          |
| Date of Birth: _____                   | Phone: _____         |
| Phone: _____ PO BOX: _____ KY1 - _____ | Fax: _____           |
| Email: _____                           | Signature: _____     |
| Insurance: _____ Certificate #: _____  |                      |

Clinical Indications (DO NOT leave blank - clinical information is essential for interpretation of the requested studies)

## ULTRASOUND

### GENERAL

- ABDOMEN
- LIVER ELASTOGRAPHY
- ABDOMINAL WALL (Pain/Lump/Other)
- ABDOMEN & PELVIS
- RENAL (Kidneys/Ureters/Bladder)
- FEMALE PELVIS TRANSABDOMINAL
- FEMALE PELVIS TRANSVAGINAL ONLY
- MALE PELVIS (Prostate & Urinary Tract)
- SCROTUM/TESTES
- GROIN (Pain/Lump/Other)  RT  LT
- THYROID/NECK
- OTHER: \_\_\_\_\_

### BREAST

- BREAST  RT  LT
- ABUS (Automated Breast Ultrasound)

### VASCULAR

- CAROTID DOPPLER
- RENAL ARTERY STENOSIS STUDY (Hypertension)
- VENOUS LEG  RT  LT
- VENOUS ARM  RT  LT
- ARTERIAL LEG (ABPI)  RT  LT
- ARTERIAL ARM  RT  LT
- OTHER: \_\_\_\_\_

### OBSTETRICS

- (Please indicate above if Multi-Gestation)
- DATING or VIABILITY
  - NUCHAL TRANSLUCENCY (11-14 WKS)
  - DETAILED ANATOMY (18-20 WKS)
  - FETAL ECHOCARDIOGRAPHY
  - FETAL ASSESSMENT/GROWTH
  - BIOPHYSICAL PROFILE (32 WKS+)
  - CERVICAL LENGTH
  - OTHER: \_\_\_\_\_

### PEDIATRICS

- NEONATAL HEAD
- NEONATAL SPINE
- NEONATAL HIPS

## MAMMOGRAPHY

- ROUTINE SCREENING MAMMOGRAM
- BILATERAL DIAGNOSTIC MAMMOGRAM (SYMPTOMATIC)
- UNILATERAL DIAGNOSTIC MAMMOGRAM  RT  LT

PLEASE MARK AREA OF CONCERN IF DIAGNOSTIC:



## SPECIAL PROCEDURES

- CONTRAST ENHANCED SPECTRAL MAMMOGRAPHY (CESM)  
Creatinine (within 60 days, please provide copy) Date: \_\_\_\_\_
- STEREOTACTIC BREAST BIOPSY  RT  LT
- ULTRASOUND GUIDED BIOPSY  RT  LT
- ULTRASOUND GUIDED ASPIRATION  RT  LT

PLEASE BRING THIS REQUISITION WITH YOU TO YOUR APPOINTMENT ALONG WITH YOUR INSURANCE CARD

See preparations on the back

## EXAMS REQUIRING PREPARATION

| EXAM   | PREPARATION  | DURATION<br>(approximate) |
|--|--|---------------------------|
| Abdomen<br>Ultrasound  | <ul style="list-style-type: none"> <li>DO NOT EAT for 8 hours prior to exam. Clear fluids allowed. No dairy.</li> <li>Morning appointments preferred.</li> <li>Continue your medications as usual.</li> <li><u>Please notify OceanMed at time of booking if you are diabetic.</u></li> </ul>   | 30 minutes                |
| Pelvic or Renal<br>Ultrasound                                    | <ul style="list-style-type: none"> <li>Continue your medications as usual</li> <li>Drink at least two (2) 8-ounce glasses 1 hour before your appointment (you may need to drink more depending on base hydration). Your bladder must be full for this exam.</li> <li>DO NOT EMPTY your bladder until the exam is completed. If you cannot hold please notify tech/receptionist.</li> <li><u>Transvaginal ONLY pelvic ultrasound requires no prep.</u></li> </ul>   | 30 - 45<br>minutes        |
| Abdomen &<br>Pelvic  | <ul style="list-style-type: none"> <li>Follow both above</li> </ul>  | 1 hour                    |
| Obstetrical<br>Ultrasound  | <ul style="list-style-type: none"> <li>First Trimester: Drink at least two (2) 8-ounce glasses 1 hour before your appointment (you may need to drink more depending on base hydration). Your bladder must be full for this exam.</li> <li>Second/Third Trimester: you do not have to fill your bladder. Please eat 30 minutes prior to study.</li> </ul>   | 30 minutes<br>- 1 hour    |
| Mammogram<br><br>Breast<br>Ultrasound                            | <ul style="list-style-type: none"> <li>If you have had your previous mammogram at another facility, please arrange to bring the images with you as they will be needed for comparison with your current mammogram</li> <li>If you are still menstruating, we suggest that you book your exam within the first two weeks following your menstrual period (if possible)</li> <li>Do not use deodorant, anti-perspirant, talcum powder, ointment or creams on your breasts and underarms the day of your appointment</li> <li>For your comfort, if your breasts are tender, we recommend that you:                             <ul style="list-style-type: none"> <li>refrain from caffeine for 48 hours prior to your appointment</li> <li>have your attending physician advise you on any recommended medications to manage tenderness in breasts</li> </ul> </li> </ul> <p>What to wear:</p> <ul style="list-style-type: none"> <li>two-piece outfit as you will be asked to remove everything from your waist up and to put on a gown (It is important that you have something on from your waist down to keep you covered)</li> <li>if you have long hair, please secure it back prior to your exam</li> </ul> | 30 minutes<br>- 1 hour    |
| Contrast<br>Enhanced<br>Spectral<br>Mammogram                    | <ul style="list-style-type: none"> <li>Nothing to eat or drink (except water) 4 hours prior to examination</li> <li>Follow instructions above for mammogram                             <ul style="list-style-type: none"> <li>Expect to stay in the clinic for 45 minutes post procedure</li> </ul> </li> </ul>   | 1.5 hours                 |
| Stereotactic<br>Core or<br>Ultrasound<br>Guided Breast<br>Biopsy | <ul style="list-style-type: none"> <li>Eat a light meal prior to arriving</li> <li>Use only products containing acetaminophen (such as Tylenol). Do not take aspirin, ibuprofen (such as Advil) or blood thinners for 1 week prior to the procedure. <u>If you are unable to stop the medications, please notify OceanMed and speak with your referring Physician.</u></li> <li>Do not use any deodorant, talcum powder or bath oil on the day of the biopsy</li> <li>Wear a loose-fitting, two-piece outfit. Secure hair back prior to exam.</li> <li>Bring or wear a comfortable bra.</li> <li>Expect to stay in clinic for at least 10 mins post procedure</li> </ul>   | 1 hour                    |